

Your Name

Instructor Name

Course Number

Date

Maintaining balance in personal, family, and professional life is extremely essential, especially when focusing on a sensitive field such as nursing. As a student veteran and a full-time family person with a spouse and three kids and two dogs, it is important for me to understand the intricacies demanded by each program and how best all the various aspects of life can be handled and managed. As the field of nursing demands care, attention and time, I will make sure to focus my primary attention on the program. The patients and other members associated with my work would be of paramount importance.

*Opening hook sentence*

*Thesis statement*

However, under all the circumstances, I will make sure that I give my family and other responsibilities enough time. I would manage my schedule in a way that allows enough time to be spent with the family and also avoid burnout. My time schedule will also have an alternate course of action that I can take in case of emergencies so that my family time does not get sidelined. Secondly, I would also focus on self-care alongside the program. This is important because I need to give myself

*Personal experiences as evidence*

and my body time to recover, whether physically or mentally. I believe this is mandatory, as nurses and other healthcare experts work well when they are at ease physically and mentally and that would be my way of grooming myself.

*Recommendations related to the main point*

Developing close associations with peers is necessary as it can help in overcoming issues that one might face at work. Therefore, I will put in my full effort to develop and foster such relationships with my coworkers. This way, I will be able to maintain a balance between my life

and work to an optimal level, which would also assist me in rising within my profession by working with the experts. I hope to carry the same resolution throughout my career for a healthy and balanced lifestyle.

*Restatement of thesis statement*



College Essay