

## Introduction

### Anticipated Challenges Regarding Completion of a Doctoral Program

The challenges identified by Piffer and Baker (2016) are essential to consider when entering a doctoral program, as it helps to prepare for the rigorous demands that will be placed on me. Knowing these challenges will allow me to develop strategies for managing them effectively and eventually achieve success. Taking the time to analyze these challenges will give me the tools necessary to tackle them as I progress through my doctoral program. Given my experience as a Nursing Home Administrator, I anticipate several challenges that must be addressed during my doctoral program. These include understanding and assimilating the vast amount of information required to effectively manage an organization, gaining an in-depth knowledge of current healthcare laws and regulations, developing policies and procedures for nursing home care, and staying abreast of changing trends in the field.

## Body Paragraph

Additionally, I must remain mindful of the financial realities of running a nursing home while ensuring that quality care is provided to all patients. Furthermore, I must be cognizant of my tight schedule and find ways to balance my studies and responsibilities as an administrator. It is essential for nurse home administrators to develop practical time management skills, prioritize their commitments, and create professional networks to ensure that their studies remain a top priority (Piffer & Baker, 2016). Moreover, I must be able to effectively collaborate with individuals within the nursing home environment and those within my doctoral program to develop mutually beneficial relationships. Ultimately, these challenges will require me to use creativity and flexibility to reach my goals and excel in my doctoral program.

In order to work through the challenges of my doctoral journey, I will prioritize my commitments to manage my time effectively. This includes setting realistic goals for myself and

creating short-term and long-term timelines to meet them (Pifer & Baker, 2016). Additionally, I will take advantage of the resources available at the university library, such as online databases, journals, and other resources that can help me stay current with the latest trends in healthcare. I will also use my professional network to seek advice from experienced Nursing Home administrators and experts to remain up-to-date on the changing regulations and laws affecting our field. Furthermore, I plan to utilize technology such as remote conferencing systems and other digital tools to keep in contact with my colleagues and supervisors, allowing me to remain productive even when unable to attend in-person meetings. Finally, I will take advantage of online learning platforms whenever possible to maximize my learning experience's efficiency. By utilizing these strategies, I am confident that I will be able to navigate the challenges of my doctoral journey and successfully reach my goals.

In order to ensure that I can meet my goals, I will first set realistic targets and timelines. This will allow me to stay organized and prioritize tasks while giving me a sense of accountability. Additionally, I will use technology such as remote conferencing systems and online learning platforms whenever possible to maximize my learning experience's efficiency. Furthermore, I will utilize the resources available at the university library to stay current with the latest trends in healthcare and develop a professional network of experienced Nursing Home administrators that can offer advice when needed. Finally, I plan to set aside time each week to evaluate my progress and make any necessary adjustments to ensure my goals remain achievable. By following these strategies, I am confident that I will be able to meet my goals while also managing the demanding responsibilities of being an administrator in a Nursing Home.

### References

- Pifer, M., & Baker, V. (2016). Stage-Based Challenges and Strategies for Support in Doctoral Education: A Practical Guide for Students, Faculty Members, and Program Administrators. *International Journal of Doctoral Studies*, 11, 15–34.  
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